Trauma Seminar – Fall 2014
Updated October 2014

Presented by the Victims of Violence Program,
Department of Psychiatry Cambridge Health Alliance | Harvard Medical School

Open to all trainees and staff

Course Director: Judith L. Herman, M.D.
Course Coordinator: Kate Zona, Ph.D.

Meeting Time: Thursday, 2:30 – 4:30pm
Meeting Location: Central Street Health Center, Room 4.B.11

Recommended Basic Text:

A variety of weekly readings will be available on a network drive. Seminar participants are responsible for downloading their own copies of the weekly readings.

To access the drive on which readings are housed, please follow these steps:
1) From your desktop, right-click on “My Computer.”
2) Click on “Map Network Drive.”
3) In the field for “Folder”, enter: \mpd\trauma$. The Trauma Seminar folder will open.
4) Click Finish. In the future, you can open “My Computer” from your desktop and find an icon with the folder for the seminar under “Network Drives.”

Seminar Description
This seminar has helped establish Cambridge Health Alliance as a nationally recognized training site that emphasizes trauma-informed medical and psychiatric treatment to victims/survivors of various forms of violence. The purpose of this seminar is to discuss topics related to the psychiatric treatment of victims/survivors of interpersonal violence (e.g., childhood sexual abuse, sexual assault, intimate partner/domestic violence), community-level violence, and sociopolitical violence.

Design: This seminar is comprised of two terms. Term 1 spans from 9/18/14 to 12/18/14. The first half of Term 1 provides a strong foundation for understanding complex trauma and trauma recovery, while the latter half provides an overview of trauma recovery. Term 2 spans from January to March and focuses on trauma-informed treatment with various populations, and features invited speakers on specific treatment approaches.

Format: Each seminar meeting will consist of an introduction to a topic usually delivered in the form of a lecture. The Course Director (Dr. Herman) or invited guest speaker may facilitate discussion, and discussion is often complemented by relevant, anecdotal case material that all participants are encouraged to share.
Trauma Seminar, Fall 2014: Schedule of Topics and Readings

9/18  Ecological Model of Trauma & Trauma Recovery
Mary Harvey, Ph.D.


9/25  Epidemiology of Violence & Psychological Trauma
Judith Herman, M.D.


10/2  Managing Secondary Trauma & Vicarious Traumatization
Janet Yassen, L.I.C.S.W.


10/9 Complex PTSD
Judith Herman, M.D.


10/16 Stages of Recovery
Judith Herman, M.D.


10/23  “Treatment As Usual” in the Victims of Violence Program
Michaela Mendelsohn, Ph.D., Yoko Harumi, L.I.C.S.W., & Arielle Scoglio, B.A.

10/30  Understanding Dissociation & Dissociative Identify Disorder (DID)
James Chu, M.D.


11/6  PTSD as a Shame Disorder
Judith Herman, M.D.


11/13 Neurobiology of Trauma: A Relational Model
Amy Banks, M.D.


*Publication date February 5, 2015 (may be pre-ordered from Amazon)*


11/20 Trauma, Addiction, and Self-Help
Ed Khantzian, M.D.


12/4 Complex Trauma Case Discussion
Melissa Coco, L.I.C.S.W.

