



APA 2025 | DIVISION 56

INFORMAL PROGRAM SCHEDULE

📍 Colorado Convention Center - Bluebird Ballroom 2G

Thursday **August 7, 2025**

Friday **August 8, 2025**

Saturday **August 9, 2025**

7:00

Meditation/Yoga
**Sponsored by the
Membership Committee**

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8:00

9:00

*Building a Trauma-Informed Practice
Sponsored by the Practice Committee

*Pathways to Becoming a Division 56 Fellow
Sponsored by the Fellows Committee

10:00

11:00

Intimate Partner Violence:
Helping Mothers and
Children

12:00

***Voices of Impact:
CHANGE Grant Lunch &
Learn**

1:00

*Division 56 101:
Discover, Connect, Join!
**Sponsored by the
Membership Committee**

2:00

Trauma Informed Guilt Reduction (TriGR): A
Brief Evidence-Based Transdiagnostic
Intervention for Posttraumatic Distress and
Impaired Functioning

Conversations and Activities about
Refugee Mental Health
**Sponsored by the Refugee Mental
Health Resource Network**

3:00

Clinical Hypnosis to Enhance
Evidence-Based Trauma
Treatment

4:00

5:00

6:00

7:00

**Food/Beverages available*